I was educated as a psychologist in Poland. I am a psychotherapist who is New York State licensed in Mental Health Counseling (LMHC) as well as in Marriage and Family Therapy (LMFT). I am an Internationally Certified Addiction Counselor (ICADC) and Certified Hypnotherapist (CHt). I also hold a current New York State Credential in Alcohol and Drug Counseling (CASAC) and advanced certificates in Reiki and the Silva Mind Control Method. I have been trained in Neuro-Linguistic Programming (NLP), Compulsive Gambling and Tobacco Dependency Treatment. Since 2003, I have been an active member of the National Guild of Hypnotists (NGH) the largest and oldest association of hypnotists and hypnotherapy membership organization in the world. Currently, I work as a psychotherapist at the St. Mark's Place Institute for Mental Health in New York City. My private office has two locations. The Brooklyn Office is located on the border of Williamsburg and Greenpoint, near the G and the L train. My Manhattan Office is located in the building of Manhattan Institute for Psychoanalysis two blocks from the Union Square area near 4, 5, 6, N, Q, R, and L train.