

Studia wyższe, zakończone tytułem magistra psychologii ukończyłam na Uniwersytecie Kardynała Stefana Wyszyńskiego w Warszawie. Podstawy pracy psychoterapeutycznej zdobyłam w Instytucie Psychiatrii i Neurologii w Warszawie. Studia podyplomowe, które pozwoliły mi rozwinąć moje zawodowe specjalizacje odbyłam w Stanach Zjednoczonych. W ramach przygotowań do uzyskania certyfikatu psychoterapeuty oraz podnoszenia kwalifikacji zawodowych uczestniczyłam w następujących szkoleniach podyplomowych:

- Intensywny Podyplomowy Program Psychoterapii Psychoanalitycznej odbyłam w WILLIAM ALANSON WHITE INSTITUTE OF PSYCHIATRY, PSYCHOANALYSIS & PSYCHOLOGY w Nowym Jorku.
- Trening certyfikowanego terapeuty uzależnień ukończyłam w OUTREACH TRAINING INSTITUTE, Nowy Jork.
- Trening, który pozwolił mi zdobyć Certyfikat Hipnoterapeuty odbyłam w NATIONAL GUILD of HYPNOTISTS, Nahua, New Hampshire.
- W zakresie psychoterapii małżeńskiej i rodzinnej kształciłam się w ACKERMAN INSTITUTE FOR THE FAMILY w Nowym Jorku.

<http://www.ackerman.org/posts/view/153-annual-spring-open-house>

Udział w szkoleniach i konferencjach

01.21.2011

ACKERMAN INSTITUTE for the FAMILY, NY. Schema Therapy for Couples

11.17.2010

ASSOCIATION of VOCATIONAL REHABILITATION in ALCOHOLISM and SUBSTANCE ABUSE, NY. Annual Conference. Emerging Process: Transdisciplinary Approach in Rehabilitation.

08. 06.2010

CROSS COUNTRY EDUCATION, NY. Treating Compulsive Sexual Behaviors

06.10 - 12.2010

ADELPHI UNIVERSITY, NY. Sixth International Interdisciplinary Conference on Clinical Supervision. Making it Work: Overcoming Obstacles in Clinical Supervision. Helping Supervisors develop Supervisees Abilities to Repair and Strengthen the Therapeutic Alliance. Ethical & Legal Issues in Supervision: Essential for Supervisees. Ethical & Legal Issues in Supervision: Essential for Effective Supervisors. Conflict in Clinical Supervision: Ethical Communication and Relational Connection as Antidotes. Critical Elements in Clinical Supervision. Networking for Experienced Clinical Supervisor. Therapist Responsiveness: Mirrored in Supervisor Responsiveness. White privilege, Oppression, and Racial Identity: Implications for Clinical Supervision.

04.24.2010

PSYCHOANALYTIC PSYCHOTHERAPY STUDY CENTER, NY. Addiction, Psychoanalysis, and the Brain.

03.18 - 21.2010

The NATIONAL ORGANIZATION AGAINST MALE SEXUAL VICTIMIZATION and The INSTITUTE on VIOLENCE, ABUSE and TRAUMA. 2010 International Conference for Male Survivors

12.16 - 17.2009

NYS OFFICE of ALCOHOLISM and SUBSTANCE ABUSE SERVICES, NY. Motivational Interviewing.

11.05.2009

NYU Post-Graduate Medical School, NY Advances in Addiction Research and Practice.

01 - 03.2008

The ADDICTION CARE CENTER of ALBANY, Inc. Compulsive Gambling Treatment Training.

01. 26.2008

The NATIONAL INSTITUTE for the PSYCHOTHERAPIES Training Institute, NY. 19th Annual Conference: New Perspectives on the Treatment of Addictions: Psychodynamic and Neurobiological Approaches.

11. 2007

OUTREACH TRAINING INSTITUTE, NY. Tobacco Dependence Treatment Training.

08.11.2004

TRAINING under NYS OASAS, NY New Perspectives on the Treatment of Addictions: Psychodynamic and Neurobiological Approaches.

06. 25.2007

OUTREACH TRAINING INSTITUTE, NY Therapeutic Community: Its Roots & Applications in Adolescent Residential Treatment.

02.25.2007

WASHINGTON SQUARE INSTITUTE for PSYCHOTHERAPY and MENTAL HEALTH, NY The Many Faces of Narcissism.

01. 27.2007

ASSOCIATION for PSYCHOANALYTIC SELF PSYCHOLOGY, NY. Contributions of Attachment Theory and Research to the Self Psychological/Intersubjective Approach to Clinical work.

01.23.2007

SEAFIELD CENTER, NY, The Mosaic of Sexual Addiction.

01.31.2006

OUTREACH TRAINING INSTITUTE, NY Working with Gang Members.

04.28.2006

NYS PSYCHOLOGICAL ASSOCIATION, DIVISION OF ADDICTIONS, NY. Addiction Treatment in Metamorphosis: Paradigm Shift in Theory and Practice.

09.30 - 11.01.2005

ADELPHI UNIVERSITY, SCHOOL OF SOCIAL WORK AND THE MINUCHIN CENTER FOR THE FAMILY. Dr. S. Minuchin, New Developments: 40 years later.

05.16.2005

OUTREACH TRAINING INSTITUTE, NY. The Unknown Dual Diagnosis: Chemical Dependence & Traumatic Brain Injury.

03.7-12.2005

AMERICAN GROUP PSYCHOTHERAPY ASSOCIATION, Inc. 2005 Group Psychotherapy Annual Meeting Working in Depth with Families and Couples: An Experiential Approach to New and Old paradigm. A Systems-Centered Approach to Groups. Research, Recovery, and Mental Health Care: Compatible Partners? The Crisis of Hatred: The Negative Transferences in Developing Groups. Communication Patterns in the Phases of Group Development.

10.2004 - 02.2005

OUTREACH TRAINING INSTITUTE, NY. Training on Domestic Violence: Male Victims; Law Enforcement; Effects of DV on Children & ACS; Housing, Safe Homes & Homelessness; Immigration & DV

10.23-24.2004

WILLIAM ALANSON WHITE INITIATE OF PSYCHIATRY, PSYCHOANALYSIS & PSYCHOLOGY, NY. Longing: Psychoanalytic Musing on Desire.

08.11.2004

SOBRIETY WORKS TRAINING CENTER, NY. Introduction to Chemotherapy Treatment of Opiate Addiction.

05.27.2004

NASW NYC CHAPTER 36TH ANNUAL ADDICTIONS INSTITUTE, NY. Dialectical Behavior Therapy: Skills Training for the Chemically Dependent Client. Integration of Substance Abuse, Domestic Violence, and Mental Health: Issues and Interventions for More Effective Outcomes

with Female Clients. Culture, Community and Chemical Dependency.